

| Bereich | TG | Tag | Zeit | Klasse | Ort / Training |
|-----------------------|-----------------|------------|---------------|------------|-------------------|
| <u>Leistungssport</u> | Michi | Montag | 16.15 - 17.15 | 1 + 2 | West / Wasser |
| Nachwuchs | Annette | | 17.45 - 18.45 | 3 + 4 | West / Wasser |
| | Jens | Mittwoch | 16.15 - 17.30 | 3 + 4 | West / Wasser |
| | | | 17.45 - 18.45 | 3 + 4 | TH West / Land |
| | | Donnerstag | 15.00 - 16.15 | 4 | TH Nordanlage |
| | | Freitag | 16.15 - 17.30 | 1. - 4. | West / Wasser |
| | | Samstag | 08.00 - 09.15 | 4 | Sportbad / Wasser |
| <u>Leistungssport</u> | Franzi | Montag | 17.30 - 18.45 | 1 + 2 | Wasser West |
| Nachwuchs | | Dienstag | 15.00 - 16.15 | 1 + 2 | Wasser West |
| <u>Leistungssport</u> | Niko | Montag | 15.15 - 16.15 | 1 | West / Wasser |
| Nachwuchs | | Donnerstag | 15.00 - 16.15 | 1 | West / Wasser |
| <u>Leistungssport</u> | Sabine Krauß | Montag | 15.00 - 16.30 | 5. - 9. | Sportbad / Wasser |
| Jugend | Brit Lögow | Dienstag | 16.00 - 18.00 | 5. - 9. | West / Wasser |
| | Patricia Köhler | Mittwoch | 16.30 - 17.15 | 5. - 9. | TH West / Land |
| | | | 17.30 - 19.00 | 5. - 9. | West / Wasser |
| | | Donnerstag | 16.30 - 17.15 | 5. - 9. | TH West / Physio |
| | | Freitag | 14.45 - 15.30 | 5. - 9. | Sportbad / Lauf |
| | | | 16.00 - 18.00 | 5. - 9. | Sportbad / Wasser |
| | | Samstag | 08.00 - 10.00 | 5. - 9. | West / Wasser |
| <u>Leistungssport</u> | Sabine Krauß | Montag | 16.30 - 18.00 | 9. - offen | Sportbad / Wasser |
| Junioren & | Brit Lögow | Dienstag | 16.00 - 18.00 | 9. - offen | West / Wasser |
| Erwachsene | Patricia Köhler | Mittwoch | 16.30 - 17.15 | 9. - offen | TH West / Land |
| | | | 17.30 - 19.00 | 9. - offen | West / Wasser |
| | | Donnerstag | 16.30 - 17.15 | 9. - offen | TH West / Physio |
| | | Freitag | 15.30 - 16.30 | 9. - offen | Sportbad / Lauf |
| | | | 17.00 - 19.00 | 9. - offen | Sportbad / Wasser |
| | | Samstag | 08.00 - 10.45 | 9. - offen | Sportbad / Wasser |
| <u>Breitensport</u> | Gabi Müller | Dienstag | 14.45 - 16.15 | 2. - 8. | West / Wasser |
| Nachwuchs & | | Donnerstag | 15.00 - 16.00 | 2. - 4. | Sportbad / Wasser |
| Jugend | | | 16.00 - 17.00 | 5. - 8. | Sportbad / Wasser |
| <u>Breitensport</u> | Steffi Helm | Montag | 16.30 - 17.30 | 1 + 2 | West / Wasser |
| Nachwuchs | | Donnerstag | 15.45 - 16.45 | 1 + 2 | West / Wasser |
| <u>Breitensport</u> | Uwe Zawade | Donnerstag | 15.00 - 16.00 | 1. - 3. | West / Wasser |
| Nachwuchs | | | | | |
| <u>Breitensport</u> | Petra Reichardt | Montag | 16.30 - 17.30 | 3. - 7. | West / Wasser |
| Jugend | | Donnerstag | 16.45 - 17.45 | 3. - 7. | West / Wasser |

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| <u>Breitensport</u> | Klaus Müller | Montag | 18.45 - 19.45 | 5. - offen | West / Wasser |
| Junioren & Erwachsene | | Samstag | 10.00 - 12.00 | 5. - offen | West / Wasser |

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| <u>Breitensport</u> | Gabi Müller | Mittwoch | 20.00 - 21.45 | offen | West / Wasser |
| Junioren & Erwachsene | | Freitag | 19.00 - 20.00 | offen | Sportbad / Wasser |

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| <u>Breitensport</u> | Andre Reichardt | Montag | 19.00 - 21.00 | offen | Sportbad / West |
| Erwachsene | | | | | |

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| <u>Mastersport</u> | Lex | Montag | 13.30 - 15.00 | offen | Sportbad / Wasser |
| Senioren | | Donnerstag | 13.00 - 15.00 | offen | Sportbad / Wasser |

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| <u>Mastersport</u> | Richie | Montag | gW 19.45 - 20.45 | offen | West / Wasser |
| Erwachsene | | 14 täg. W. | ugW 20.45 - 21.45 | offen | West / Wasser |
| | | Mittwoch | 19.00 - 20.00 | offen | West / Wasser |

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| <u>Senioren-sport</u> | Karin Lindner | Donnerstag | 15.30 - 16.15 | offen & Rehaschein | TH West / Gymnastik |
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| <u>Senioren-schwimmen</u> | Inge Schramm | Montag | 15.00 - 16.00 | offen | West / Wasser |
| | | Mittwoch | 14.30 - 16.00 | offen | West / Wasser |

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| <u>Schwimm-lernkurse</u> | Niko Bellmann niko-bellmann@web.de 017624788462 | Montag | 16.15 - 17.15 | Vorschule | West / Schwimmen |
| | | Dienstag | 15.00 - 16.00 | Vorschule | West |
| | | Mittwoch | 16.15 - 17.15 | Vorschule | West |
| | | Donnerstag | 08.30 - 09.30 | Vorschule | West |
| | | | 16.15 - 17.15 | Vorschule | West |
| | | Freitag | 15.00 - 16.00 | Vorschule | West |
| | | | 16.00 - 17.00 | Vorschule | West |
| | | Samstag | 08.00 - 09.00 | Vorschule | West |
| | | | 09.00 - 10.00 | Vorschule | West |
| | | | 10.00 - 11.00 | Vorschule | West |
| | | | 11.00 - 12.00 | Vorschule | West |